

# DRAW NEAR

And Be Encouraged!  
1 Kings 19

Message: October 25, 2020

**Key thought:** You will be strengthened by God's powerful presence when you express faith and trust Him.

## Discuss:

- Has there ever been a time when you felt discouraged and/or overwhelmed? Would you say that you are discouraged right now? If so, what about?
- Following a great victory on Mt. Carmel, Elijah fled to Mt. Horeb where he poured out his heart to God in discouragement. Have you ever experienced discouragement after a spiritual high point in your life? What did it look like for you to take your discouragement to the Lord?
- Read 1 Kings 19:3-4. Everyone gets overwhelmed and discouraged. This often comes from us getting exhausted and experiencing fear. How do you see this in our passage? In your life?
- Read 1 Kings 19:5-10. How can focusing on ourselves lead to discouragement? How can disobedience to God's Word also bring discouragement? How do we see these in our passage?

## Apply:

- Even in the midst of being overwhelmed or discouraged, God is full of mercy and is the God who provides. What do we learn about God's provision from our passage? How does this personally give you encouragement in times of discouragement?
- Read 1 Kings 19:13-21. God provides Elijah with a renewed commission, renewed vision, and a renewed passion. How are each of these seen in our passage? Which of these do you need from the Lord most right now?
- Our encouragement ultimately comes from drawing near to God. This causes a change in our attitudes. What is your attitude like when you are overwhelmed or discouraged? Is there anything about your actions that needs to change in light of our passage? Explain.
- Read Psalm 26:6-9 & 2 Corinthians 4:16. Since our encouragement ultimately comes from drawing near to God, this should cause a change in our attention. Are you aware of where God is working in your life? What is one specific way that you feel led to apply the truths of this passage?

## Together:

**Identify one person that you can encourage this week.** Pray that we would draw near to the Lord in times that are overwhelming and discouraging. Pray also that we would submit ourselves to the grace and mercy provided by our God and to the obedience of His Word.

