

**Key thought: Activity without intimacy will not sustain you, nor will it empower you to live a fruitful Christian life.**

## I. “Abiding in Christ” is a necessity to the Christian life.

Fruit bearing is **impossible** without abiding; but it is **inevitable** with abiding.

## II. “Abiding” is a reciprocal relationship of intimacy with Christ.

*“You are to take care that you abide in Christ as much as if all depended upon yourself; and yet you can look to the promise of the covenant, and see that the real reason for your abiding in Christ lies in the operation of his unchanging love and grace.”* Spurgeon

A. Rest

B. Focus

C. Absorb

D. Affection

E. Obedience

**(Suggested sources for growing in the spiritual disciplines of the Christian life)**

*Spiritual Disciplines for the Christian Life* by Don Whitney

*Celebration of Discipline* by Richard Foster

*The Life You've Always Wanted: Spiritual Disciplines for Ordinary People* by John Ortberg