

OVERCOMER

The Life of Joseph

Trusting God When It's Hard

Level of Biblical Learning:
God is always with people.

Genesis 37:18-28; 39:1-6

Parent Helps:

- Talk about the hardships that Joseph faced. Emphasize that although Joseph endured many difficult circumstances, God was with him.
- Assure kids that God has good plans for them. Kids can know that God loves them and is in control of every situation.
- Emphasize that you may not always understand WHY things happen, but you can trust that nothing is a surprise to God.

Discussion Questions:

Younger Kids:

1. Have you ever done something hard? What was it?
2. What is something that is too hard for God? (answer: NOTHING!)
3. How does God help you during hard times?

Older Kids:

1. Who is someone you trust?
2. When is a time that you trusted God?
3. How do you know that you can trust God?

Apply:

- Re-emphasize God's love for your child and assure them that God is trustworthy.
- Explain that trusting God doesn't automatically mean everything will always go well. However, kids can know that God is in control even when circumstances are difficult.
- Invite older kids to voice any fears or uncertainties that concern them. Turn to Scripture and prayer to help alleviate their worries.
- Talk about how your family's routine has changed recently. What are some ways your family can grow closer to each other and to God while spending time together at home?

Activity:

- Make a bird feeder: Thread O-shaped cereal onto a chenille stem or piece of yarn. Knot the ends together to form a circle. Hang the feeder in a tree and watch for birds. Talk about how God takes care of the birds (Matthew 6:26). Remind your child that he can trust God to take care of him, too.

Pray Together:

- Thank God for His love and care.
- Ask God to help your family as you adjust to a "new normal."
- Remember to pray for the people whom God uses to help during difficult times, such as doctors, nurses, police officers, and other community helpers.