

PERSPECTIVE

Check Your Attitude

Level of Biblical Learning:

God wants our actions, attitudes, thoughts, and words to be good.

Colossians 3:5-11

Parent Helps:

- Show your child a sheet of paper with a single dot drawn in the center. Ask your child what he sees. He likely will comment on the dot. Explain that what you have is a perfectly good sheet of paper. It just happens to have a dot.
- Mention that sometimes it's easy to focus on the tiny bit of bad in a situation instead of focusing on the good. Tell your child that God wants people to have good attitudes.
- Read Colossians 3:12-13.

Discussion Questions:

Younger Kids:

1. What is something you're thankful for?
2. What happens when you're in a rotten mood at home?
3. What helps you stay joyful?

Older Kids:

1. Why is it sometimes hard to have a good attitude?
2. Do you think it's possible to have a good attitude even when you don't like the things that are happening? Why?
3. How can you work on having an attitude that is more like Jesus?

Apply:

- Think about good things. (Proverbs 17:22; Philippians 4:8; 1 Thessalonians 5:16)
- Forgive others because God forgives you. (1 Corinthians 4:31-32)
- Do not argue and complain. (Philippians 2:14-16; 1 Peter 4:8-9)
- Be like Jesus! (John 13:15; Philippians 2:5)

Activity:

Bedtime challenge! Challenge each person in your family to name one reason to be thankful. Lead your family to end the day focused on the good things in your life.

Pray Together:

- Thank God for the many good things in your family's life.
- Ask God to help you have a good attitude even when you don't like the things that are happening around you.