

# PERSPECTIVE

## God's Peace

**Level of Biblical Learning:**  
God is all-powerful and in control of all things.

### Colossians 3:15

#### Parent Helps:

- Name several words and encourage your child to name its opposite (hot/cold, up/down, sad/happy, loud/quiet, wet/dry).
- Ask: "What do you think is the opposite of worry?" Explain that the opposite of worry is peace.
- Ask: "What do you think of when you think of peace?" Explain that true peace only comes from God.
- Explain that even in the middle of very difficult things, you can have peace! God does not want you to be worried or afraid. You can have peace by knowing that God loves you and is in control of all things. God knows what you need, and He knows what is important.
- Read Colossians 3:15.

#### Discussion Questions:

##### Younger Kids:

1. What things make you worry?
2. What can you do instead of worry?
3. What are some ways that you know God loves and cares for you?

##### Older Kids:

1. Is there something specific that you're worried about right now? Why?
2. How has God taken care of your worries in the past?
3. How is God's peace different from the world's peace?

#### Apply:

- Remember that peace comes from God. (Isaiah 26:3; John 16:33; Colossians 3:15)
- Don't worry! (Matthew 6:25-34; John 14:27; Romans 8:6; Philippians 4:6-7)
- Trust that God loves and cares for you. (Isaiah 41:10; Luke 12:7; Romans 8:28; Philippians 4:19; 1 Peter 5:7)
- Know that no problem is too difficult for God. (Isaiah 26:4; Jeremiah 32:17; Matthew 19:26; Ephesians 3:20)

#### Activity:

Find a small, smooth stone. Use paint pens or markers to decorate the stone. Suggest your child paint something that reminds him of God's love, care, or peace. Place the stone on your child's bed pillow. Let the stone serve as a morning and evening prayer reminder. At bedtime tell your child to remove the stone and pray to God. In the morning tell your child to replace the stone and pray. Encourage your child to talk to God about his worries and ask for God's peace.

#### Pray Together:

- Praise God for His power! Acknowledge that nothing is too difficult for Him.
- Thank God for His love and care.
- Ask God to help you trust Him with specific areas of worry.