

Have Courage

Level of Biblical Learning:
God is fair and can be trusted.

1 Samuel 17

Parent Helps:

- Do a quick online search to find photos of lions. Show the photos to your child.
- Tell your child that a lion can weigh more than 500 pounds! His roar is so loud that it can be heard from five miles away! Search together to find other facts about lions.
- Explain that lions are known for their courage. Courage means “to be brave.”
- Mention that doing the right thing sometimes takes big courage! Your child may need courage to start a new school year, tell a friend about Jesus, or tell the truth. Emphasize that your child can trust God to help him have courage to do what is right.
- Read 1 Samuel 17.

Discussion Questions:

Younger Kids:

1. Why did David need courage?
2. How did God help David?
3. When are times you need courage to do what is right?

Older Kids:

1. What is something that you need courage to do?
2. How do you know that God will help you?
3. How can you help someone who is afraid or worried to have courage?

Apply:

- Have courage and trust God, even when things are hard. (Deuteronomy 31:6; Joshua 1:9; Isaiah 41:10; John 16:33)
- Do not worry because God is in control of all things. (Jeremiah 29:11; Proverbs 19:21; Philippians 4:6-7; 1 Peter 5:7)
- Help others have courage and trust God. (Proverbs 12:25; Ecclesiastes 4:9-12; 1 Thessalonians 5:7)

Activity:

Designate one side of the room as “Easy” and the other side as “Hard.” Guide your child to stand in the center of the room. Name something that might require courage, such as pulling a tooth, going to school, telling the truth, dealing with a bully, trying a new food, and so on. Lead your child to move to the “Easy” side of the room if he/she thinks it would be easy to have courage. Guide them to move to the “Hard” side of the room if he/she thinks it would be difficult to have courage. Name several circumstances, allowing your child to respond to each. Remind your child that nothing is too hard for God! He is in control of all things, and we can trust Him to help us.

Pray Together:

- Praise God for His love and care for your family.
- Ask God to give you courage to trust Him in the midst of difficult circumstances.
- Pray about specific situations where your child or family needs help trusting God or having courage to do what is right.