

**CRY
OUT**
TO THE GOD
WHO HEARS

PRAY 7:14



Please fast at least one meal a day or more, and pray at 7:14 AM and/or 7:14 PM each day. Gather your family together for this prayer nightly.

DAY 1 HUMBLE

Humility is admitting our sin and acknowledging our needs. We come individually and collectively today to see our sins and turn from our pride. Please take time in prayer to pray through personal revival. Ask God to break us of our pride across our nation. Click for a free download of the Personal Revival Checklist or purchase copies for your church here.

DAY 2 PRAY

Today, ask the Lord to blanket our nation with a spirit of prayer. Pray that God will empower and bless every movement of prayer that is happening and manifest Himself greatly on the National Day of Prayer, Thursday, May 7. Pray that everyone from our national leaders to our children would join in prayer.

DAY 3 SEEK

We often seek God's hand, wanting things from Him for ourselves. Spend today seeking God's face. Look at Him and worship Him today. Ask Him to turn His face toward our land with favor. Pray the prayer of Numbers 6:24-26: The Lord bless you and keep you. The Lord make His face shine on you and be gracious to you. The Lord lift up His countenance on you and give you peace.

DAY 4 TURN

Our nation is filled with sins that grieve a holy God. Pray for a spirit of repentance across the church and our nation, that we will not merely acknowledge our sins, but turn from our sins. Our individual sins, joined together, form our national sins. Ask God what sin(s) He desires you to release. What will you personally turn from today? Pray particularly over the sin of abortion, the taking of innocent life. Ask God that, as a nation, we will turn from this horrific sin.

DAY 5 HEAR

Ask God today to hear the prayers of millions across our land. That His "eyes will be open and His ear attentive" to the prayers of His people. Ask God to give millions of people the faith to believe that God is doing today exactly what He promised: that if we will pray and turn, He will hear, forgive, and heal! Join us on a prayer call for the nation tonight at OneCry.com.

DAY 6 FORGIVE

Pray for a cleansing of the church and the nation. Pray specifically for God to wash over believers, churches, and our nation with a tidal wave of His forgiveness as we turn to Him. Pray that we would not trust in ourselves for this forgiveness but turn to the cross and embrace what Christ has done as our sure hope of forgiveness. Pray for a national spiritual awakening, that millions who don't know Him will awaken to their lost condition, cry out to God, and find His forgiveness.

DAY 7 HEAL

Pray for a great healing across our land. Pray for a healing of relationships, families, churches, and racial, cultural, and political division. Pray for a national healing from the Coronavirus that is profound and visible. Pray that God will heal us in such ways that only He could receive the glory, that even political, media, and healthcare leaders would recognize that it was the hand of God that healed our land.